



National Nutrient Database for Standard Reference
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Statistics Report 01153, Milk, canned, evaporated, with added vitamin A

Report Date: July 09, 2017 12:25 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	74.04	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Energy	kcal	134	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2006
Energy	kJ	562	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2006
Protein	g	6.81	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Total lipid (fat)	g	7.56	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Ash	g	1.55	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Carbohydrate, by difference	g	10.04	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Minerals													
Calcium, Ca	mg	261	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Iron, Fe	mg	0.19	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Magnesium, Mg	mg	24	6	0.716	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Phosphorus, P	mg	203	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Potassium, K	mg	303	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Sodium, Na	mg	106	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Zinc, Zn	mg	0.77	26	0.027	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Copper, Cu	mg	0.016	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Manganese, Mn	mg	0.006	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Selenium, Se	µg	2.3	13	0.280	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1997
Fluoride, F ¹ ₂	µg	8.5	19	1.113	4.3	12.2	5.0	5.613	11.337	2	Analytical or derived from analytical	--	03/2006
Vitamins													
Vitamin C, total ascorbic acid	mg	1.9	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Thiamin	mg	0.047	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Riboflavin	mg	0.316	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Niacin	mg	0.194	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Pantothenic acid	mg	0.638	5	0.032	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-6	mg	0.050	21	0.002	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Folate, total	µg	8	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	8	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Folate, DFE	µg	8	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2006
Vitamin B-12	µg	0.16	9	0.015	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Vitamin A, IU	IU	397	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Lipids													
Fatty acids, total saturated	g	4.591	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
4:0	g	0.195	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
6:0	g	0.134	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
8:0	g	0.054	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
10:0	g	0.110	11	0.017	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
12:0	g	0.161	12	0.015	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
14:0	g	0.733	12	0.035	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
16:0	g	2.027	12	0.060	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
18:0	g	0.921	12	0.027	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Fatty acids, total monounsaturated	g	2.335	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
16:1 undifferentiated	g	0.159	12	0.012	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
18:1 undifferentiated	g	2.101	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Fatty acids, total polyunsaturated	g	0.245	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
18:2 undifferentiated	g	0.167	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
18:3 undifferentiated	g	0.078	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Cholesterol	mg	29	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Amino Acids													
Tryptophan	g	0.096	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Threonine	g	0.307	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Isoleucine	g	0.412	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Leucine	g	0.667	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Lysine	g	0.540	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Methionine	g	0.171	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Cystine	g	0.063	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Phenylalanine	g	0.329	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Tyrosine	g	0.329	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Valine	g	0.456	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Arginine	g	0.247	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Histidine	g	0.185	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Alanine	g	0.235	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Aspartic acid	g	0.517	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Glutamic acid	g	1.426	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976

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Glycine	g	0.144	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	11/1976
Proline	g	0.660	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	11/1976
Serine	g	0.370	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	11/1976

Sources of Data

¹J.D.B. Featherstone, Carol Shields A Study of Fluoride Intake in New York State Residents, 1988 New York State Fluoride Analysis Contract - report date 12/1/1988

²Robert Ophaug Fluoride, Unpublished - Ophaug, Microdiffusion